

JACQUELINE HELLER, M.D.

Curriculum Vitae
September 2023

Education

1975-1979 B.A. Biology, New York University, New York City
1979-1981 M.S. Basic Medical Science, Department of Histology, New York University
Graduate School of Arts and Sciences
1981-1985 M.D. Mount Sinai School of Medicine, New York City

Post-Graduate Professional Training

1985-1986 Internship in Medicine and Psychiatry; UCLA, Neuropsychiatric
Institute/Brentwood Veterans Administration Hospital, Los Angeles, California
1986-1989 Resident in Psychiatry, UCLA Neuropsychiatric Institute,
1989-1995 Clinical Associate and Candidate, Los Angeles Psychoanalytic Society and
Institute.
1995-96 Candidate, Institute of Contemporary Psychoanalysis, Los Angeles
1996 Certification, Psychoanalysis, American Psychoanalytic Association
2011 Certification; Group leader, Center for Reflective Parenting, Los Angeles

Clinical Experience

1989-2005. Full-time solo practice of applied psychoanalysis, psychotherapy, and
psychopharmacology, Los Angeles, California
2004-2015. Venice Family Clinic, Volunteer Psychiatrist, Santa Monica
2004-2015 Venice Family Clinic, Resident supervision as needed
2011 Facilitator Parenting Workshop, Center for Reflective Parenting, Los Angeles
2011-2013, Facilitator -group leader Parenting Workshops, Milken Community High School
2003-2008, Process Group leader UCLA, NPI Psychiatry Residents
2000-2003 UCLA NPI Residency psychotherapy program. 2000-20004 UCLA
1989-2018 Case supervision with an emphasis on the treating psychiatrist's
countertransference.

Licensing

1987 California Medical License
1987 Drug Enforcement Agency
1991 Certification American Board of Psychiatry and Neurology.
1995 Graduate Psychoanalyst, Los Angeles Psychoanalytic Society, and Institute.
Drug Enforcement Agency/ NPI active status.
2012 Reflective Parenting Program Level 2 Certified Group leader.

Academic/ Professional Affiliation Past and Present

1989-. 2019 Voluntary Assistant Clinical Professor of Psychiatry, UCLA Geffen School of
Medicine
1995- Faculty, Los Angeles Psychoanalytic Society & Institute New Center for
Psychoanalysis
1989- Faculty and Member, Los Angeles Psychoanalytic Society and Institute/ NCP

JACQUELINE HELLER, M.D.

Member American Psychoanalytic Association
1998-2001 Member Editorial Board, The American Psychoanalyst Newsletter
2008-2011. Member, World Association Infant Mental Health
2010. Center for Reflective Parenting member
1985 Life Member, Mount Sinai School of Medicine
1999-2003 Progression Committee, Los Angeles Psychoanalytic Society and Institute
1989-present UCLA
2004-2009, 2011-2017. Milken Community High School Executive Board Member
1991-American Board of Psychiatry and Neurology Board Certification

Research

1979-1981, New York University Medical Center, Bellevue Hospital Neurosurgery and Pathology laboratory of Joseph Ransohoff M.D.
Central Nervous System trauma and the effects of corticosteroids in ameliorating central nervous system membrane damage.
2017-present, researching attachment theory, epigenetics, and inherited trauma and reviewing case notes for a book I am writing.

Award

2006. The President's USA Freedom Corps, Corporation for National Community Service Volunteer Service award.

Teaching

1979-1981 Class lecturer and Teaching Assistant for Upper Division Histology, NYU School of Arts and Science
1989-2017 UCLA, NPI Individual case supervision Resident physicians.
1995-2003 Faculty Los Angeles Psychoanalytic Society and Institute. Junior Faculty co-teacher for semester-long seminars and classes
1995-2003 Basic Freud
1995-2003 Psychopathology (Freud and Object Relations)
1995-2003 Traditional Ego Psychology informed by British and American Object Relations.
1995- 2003 Childhood Latency period
1995-2003 Psychoanalytic Conflict Theory.
Psychopharmacology courses for non-medical mental health professionals
2000-20004 UCLA -NPI Psychotherapy Program for Psychiatry Residents
2003-2008. Process Group leader for Psychiatry Residents in training.
2003-2016. Venice Family Clinic Sims/Mann Volunteer Service
Psychopharmacology, Psychiatric diagnoses. Psychopharmacology lectures and informal seminars to assist mental health professionals in determining when to refer patients for Psychiatric consultation.
2015-2018 High School Mentor For Inventors
2020- Sponsor for summer interns
2019-2023 Writing, including book chapters and Yesterday Never Sleeps.

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Publications

Heller, J. Friedlander, D., Geller, S.A., Autopsy Findings as A Modifier of Diagnosis Related Group Classification and Hospital Reimbursement, Mount Sinai Journal of Medicine, 52 (5) 311-315, 1985

Zeidonis, D. Heller, J. Pregnancy in Residency; UCLA Psychiatric Residents Newsletter Winter 1989

Heller, J., Motherhood and Psychoanalytic Training, The American Psychoanalyst Vol. 26, No. 3, 1992

Heller J., Los Angeles Area Candidates Voice Concerns, The American Psychoanalyst Vol. 27, No. 2, 1993

Heller, J., Reshaping the American, Task Force to Continue Its Work, The American Psychoanalyst Vol. 28, No. 1, 1994

(Heller, Jacqueline, M.D Hedy Lamar: Blinded by Beauty, Essay for Hedy Lamar Archival book. Publication pending.)

Heller, Jacqueline, M.D "The 70 faces of Jewish Women Today" Contributing essay, Baumel, Judy Ed., Bar Ian University, Israel. In Press.

Heller, Jacqueline, M.D. Preface for Her Story, My Story: Writing About Women in the holocaust, Judith Tydor Baumel-Schwartz and Dalia Ofer (eds,) Peter Lang Publishers, Bern 2020,382p.

Heller, Jacqueline , M.D. The Corona Chronicles E-book. Essay Contribution. Judith Tydor Baumel Schwartz (Ed.)

Heller, J. M.D. Contributing chapter to "Researchers Remember" Judith Tydor Baumel Schwartz (ed.) Peter Lang Publishers, Bern 2021

Heller, Jacqueline, MS, MD Yesterday Never Sleeps. How Integrating Life's Current and Past Connections Improves Our Well-Being

Published by: Greenleaf Book Group Press

Release Date: August 1, 2023

Pages: 288

ISBN13: 979-8886450569

Amazon Best Seller in Holocaust Biographies, Survival Biographies,

Medical Professional Biographies, Jewish Biographies, Emigrants and Immigrants Biographies, Psychiatry, Emotions.

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Filmography

1999 Smokin' Somebody Stop Me, Schlessinger media, Library Video Company
Documentary. Interviewed as an expert (see clips)
2009 Teenage Witness, Fanya Gottesfeld Heller Story Biography, Director Ed Wiseman
Documentary, PBS.
2016; Hedy Lamar project consultant to HBO). Series not made
2017: Uncredited consultant to Alexandra Dean, Reframed Pictures: "Beautiful" Hedy
Lamar film.

Speaking Engagements: Holocaust Trauma, Resilience, "Tikun Olam" Generational Trauma
Biographical and academic...can't remember many...

1990-present. Hosted by various private practice practitioners to discuss psychiatric
diagnostic and treatment issues.
1992 Shaare Tzedek Hospital Jerusalem: Life after trauma. American Friends annual Gala
1992, NYC
1995 UJA Women's Luncheon, NY
Milken Community High School multi-year Holocaust-related introductions
2010,2011,
2012 Presentation to academic personnel: Reflective Parenting Program Center for
Reflective Communities, Los Angeles
2013 Museum of Jewish Heritage Annual Gala, Honoree Address to my mother, NY
2016 Museum of Jewish Heritage Annual FGH Teacher's Conference on the Holocaust:
Introductory remarks on Epigenetics
2019 Museum of Jewish Heritage Annual Conference: Opening remarks
Assorted galas
9/6/2022 Keynote address Book Launch for Researchers Remember—joint Museum of
Jewish Heritage, Bar Ilan University, Israel.
8/20/2023 Webinar book launch for Yesterday Never Sleeps, Stories Survive speaker
series; Museum of Jewish Heritage —A living Memorial to the Holocaust

Creative Hobby: jewelry design, antique jewelry, vintage fashion.

Website: Beyond Bling®

Original Jewelry Design: Various Trunk Shows

Inventor Jewelry / multipurpose Bling ThingThree USPO patents

2017: USPTO DESIGN PATENT NO: US D556,620 S

USDPTO DESIGN PATENT NO:US D665,292 S

2019 : USPTO UTILITY PATENT NO.: US 10,357,085 B2

Other Interests: Travel, reading, Tai Chi, Scrabble.